

Quotes from Young Carers Feedback – May 2015

“Well it’s kind of good to know what other people feel like and know **that I’m not really the only one feeling like that.** And that some people are worse, well not a lot of people but some people’s lives are much worse, and some people’s lives are much better.”

“They’re awesome and **I loved the games** and I liked seeing the performance and it was all really fun.”

“It was **quite relieving**, knowing that there are more people like you that share the same experience.”

“The best bit was my friend’s story **cos I didn’t realise that basically we are alike quite a lot with what we go through.**”

“My thoughts were that it is nice to hear other people’s opinion and how their lives have gone.”

“ I realised how some people would see it (my story) and actually it’s a lot easier to understand than I thought it would be. And now I see I’m not the only one going through things like that. Now I know that everyone else has problems like that. Sometimes it might not be as bad as mine but they still have problems. I know their problems are like mine. I think it’s **finally someone can understand me, and things.**”

“ This was really fun for me ‘cos it let us understand how other people can cope in their own ways, ... It really opened up our eyes and all the different ways we all have of coping, ... **It has really helped us all I think.**”

“ We get to learn about other people ... and it brought out really well how to interact with everyone else.”